

SCOLIOSIS THERAPY

SCOLIOSIS SPECIFIC EXERCISES



Physiotherapy scoliosis specific exercise (PSSE) treatment includes education, training in active self-correction, stabilization exercises and integration of the corrected posture in activities of daily living (ADL's).

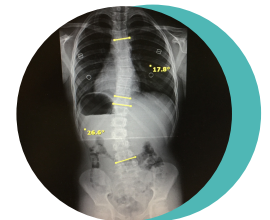
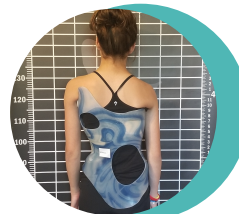
“
LOOKING AFTER THE PERSON,
NOT JUST THE CURVE.
-MANUEL RIGO, MD
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CORI REYNOLDS, PT, DPT

- Dr. Reynolds has over 25 years of experience as a licensed physical therapist and is one of only a few certified scoliosis specialists in the state of Alabama.
- PSSE training: BSPTS Rigo Concept (C2 and L2 certifications) and SEAS.
- SOSORT and APTA Member



Rigo Curve Classification 3D Bracing Resources



SCOLIOSIS RESOURCES

- International Society on Scoliosis Orthopedic and Rehabilitation Treatment (SOSORT.org)
- Scoliosis Research Society (srs.org)
- PSSE Treatment Information:
 - BSPTS bsptsnorthamerica-rigoconcept.com
 - SEAS en.isico.it/seas
- Scoliosis Resources and Support Groups:
 - BracingForScoliosis.org
 - CurvyGirlsScoliosis.com
 - HiggyBears.com

CONTACT INFO

- ☎ 334-209-0464
- 📠 334-460-9708
- ✉ Cori@ScoliPT.com
- 🌐 scoliosistherapy.weebly.com
- 📍 Auburn, AL